CLAIMS

1. A process for producing peanut butter and spiced and/or flavored peanut butter, with lower fat content, exhibiting good spreadability and resistance to oil separation, without the use of stabilizers and an emulsification process, comprising the steps of:

roasting peanuts at 350° F. to a dark color;

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introducing the whole, unblanched peanuts into a mill capable of grinding the peanuts to a specific particle size; and

grinding the dark roasted unblanched peanuts to a coarse paste with a particle size ranging from 1.5 to 3.5 mm.

- 15 2. The process of claim 1, wherein said dark color is typically USDA color 4, or slightly above.
 - 3. The process of claim 1, wherein said coarse peanut paste has a particle size ranging from 3.0 to 3.5 mm.
- 4. The process of claim 1, wherein said coarse peanut paste has a particle size ranging from 1.5 to 2.0 mm.

- 5. The process of claim 1, wherein said specific spices, herbs, dried fruits and/or extracts of same, salt and/or sugar are blended with the peanut paste produced in said grinding step.
- 6. The process of claim 1, wherein, immediately after said grinding step, said coarse peanut paste has a temperature ranging from 145° to 165° F.
 - 7. The process of claim 1, further comprising the following steps for mixing and blending peanut butter:

depositing said coarse peanut paste into a continuously agitating, mixing bank; and

- adding salt and/or sugar into said bank to form a peanut mixture.
 - The process of claim 7, further comprising the step of:
 adding selected spices, herbs and/or dried fruits into said peanut mixture.
 - The process of claim 8, further comprising the step of:
 adding extracts into said peanut mixture.
 - 15 10. The process of claim 7, further comprising the steps of: adding selected spices, herbs and/or dried fruits into said peanut mixture; and adding extracts into said peanut mixture.

- 11. The process of claim 7, wherein said step for mixing and blending peanut butter typically takes 5 to 15 minutes.
- 12. The process of claim 11, wherein, immediately after said step for mixing and blending peanut butter, said peanut mixture has a temperature ranging from 120° to 125° F.
- 13. The process of claim 12 further comprising the step of: pumping said peanut mixture into a depositing system and depositing said peanut butter mixture into a plurality of containers.
- 14. A peanut butter or peanut butter spread manufactured with a process

 10 comprising the steps of:

roasting peanuts at 350° F. to a dark color;

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introducing the whole, unblanched peanuts into a mill capable of grinding the peanuts to a specific particle size; and

- grinding said dark roasted unblanched peanuts to a coarse paste with a particle size ranging from 1.5 to 3.5 mm.
 - 15. The peanut butter or peanut butter spread of claim 14, wherein said dark color is USDA color 4, or slightly above.
- 20 16. The peanut butter or peanut butter spread of claim 14, wherein said coarse peanut paste has a particle size ranging from 3.0 to 3.5 mm.

- 17. The peanut butter or peanut butter spread of claim 14, wherein said coarse peanut paste has a particle size ranging from 1.5 to 2.0 mm.
- 18. The peanut butter or peanut butter spread of claim 14, wherein specific spices, herbs, dried fruits and/or extracts of same, salt and/or sugar are blended with the peanut paste produced in said grinding step.

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